

Nasal spray gel

Medical device

Nasal spray gel is a medical device intended for daily use. It contributes to the protection against viral infections, as well as to the alleviation of symptoms of viral infections such as: influenza caused by influenza B and C viruses, the common cold caused by coronaviruses.

Nasal spray gel can be used up to four times a day, as described in the instructions for use in the section "Instructions for use", both prophylactically and supportively in ongoing viral infections*.

Nasal spray gel can be used in adults and in children after the first year of age.

Ingredients responsible for principal intended action of the product:

Iota-carrageenan, sodium hyaluronate, ectoine

Excipients: propylene glycol, citric acid, sodium hydrogen phosphate, sodium phosphate, water and preservatives.

Indications for use of the medical device Nasal spray gel

1. SUPPORT FOR PROTECTION AGAINST THE PENETRATION AND SPREAD OF VIRUSES*

- contributes to protection against the penetration and spread of viruses*.
It can help limit the penetration of viruses into the cells of the nasal mucosa, which may consequently translate into reducing the possibility of developing viral infections of the upper respiratory tract caused by influenza viruses and coronaviruses, which can cause influenza or the common cold, among other things.
- contributes to protection against the spread of viruses, that is, to reduction of transmission from symptomatic or asymptomatic infected individuals to others.

Nasal spray gel can be used prophylactically, to support the normal physiological functions of the nasal mucosa.

2. RELIEF OF SYMPTOMS OF VIRAL INFECTION* AND SUPPORT OF TREATMENT

- can relieve the symptoms of viral infections* of the upper respiratory tract such as inflammation of the nasal mucosa, among others, and can support the treatment by alleviating the symptoms of inflammation of the nasal mucosa such as rhinitis, rhinorrhoea, irritation.
- It can have a moisturising and soothing effect thanks to the content of sodium hyaluronate and ectoine and thus it contributes to protection against dryness and irritation of the nasal mucosa also caused by environmental factors.
- It can help to treat acute or chronic, exacerbating sinusitis by allowing the sinus to be unblocked.

3. SHORTENING THE DURATION OF ILLNESS

- can shorten the duration of a viral infection.
- It may reduce the likelihood of bacterial superinfection.

Mechanism of action

The nasal mucosa forms the body's first physical barrier and the first line of defence of the immune system. Thanks to its special structure and mucus production, it clears the respiratory tract of inhaled harmful substances and prevents the entry and spread of viruses, bacteria and fungi.

The air we breathe in through the nose is purified, hydrated and warmed, which is crucial for the work of the entire respiratory system. The nasal mucosa performs its protective function, but only when it is in good physiological condition, i.e. when it is well moisturized. Too dry and overheated air, pollution particles, toxic fumes in the inhaled air and the topical use of nasal decongestants irritate the nasal mucosa and dry it out. The elderly, who experience gradual mucosal atrophy (so-called dry nose), leading to damage to the nasal mucosa and favouring the development of viral and bacterial infections are particularly vulnerable to adverse environmental factors. Damaged nasal mucosa fails to perform its primary function and increases the risk of acute and chronic infectious diseases, including common seasonal viral infections of the nose or throat.

When the nasal mucosa is damaged, infection with various types of viruses can occur, including coronaviruses including SARS-CoV-2 and influenza viruses* that can cause influenza or the common cold, among others. Given the right conditions, the virus enters host cells and multiplies, leading to the onset of disease symptoms. However, protection against infection can be promoted through daily prophylaxis.

Following the application of medical device as described in instructions for use, the product disperses on the nasal mucosa and forms a protective layer, which supports the natural barrier properties of the mucosa and contributes to limiting the penetration of pathogens into the body and, through this fact, contributes to limiting the proliferation of pathogens in the body.

The protective layer formed, as a mechanical barrier, remains fully in place for up to several minutes after application of the product. After this time it gradually undergoes natural physiological processes of the nose, such as mucociliary clearance, i.e. it is removed.

Daily use of the product contributes to improving the condition of the nasal mucosa. The protective layer formed has a moisturising and soothing effect thanks to sodium hyaluronate and ectoine, thus helping to protect against dryness and irritation of the nasal mucosa by environmental factors. Strengthened and adequately moisturized mucosa can also perform its physiological and protective functions in a better way.

Nasal gel that contributes to protection against viral infections*, helping to relieve the symptoms of viral infections*. It can be used prophylactically, to support the normal physiological functions of the nasal mucosa. ingredients, i.e. iota-carrageenan, sodium hyaluronate and ectoine, have been the subject of in vitro and in vivo studies and clinical trials.

*concerns only influenza B and C viruses and coronaviruses

The indications of the product do not include the use with the following viruses: paramyxovirus, human influenza virus A and adenovirus subtype B, rhinovirus

Instructions for use

Wash your hands before application.

Before using a new bottle for the first time, after removing the cap, press the dispenser about 5 times until the gel appears.

Holding the head upright (without tilting it back), place the tip of the applicator into the nostril, without blocking it completely. Point the tip of the dispenser opposite the nasal septum (the wall between the nostrils), i.e. in the right nostril towards the right eye and in the left nostril towards the left eye. Press the dispenser, which will disperse a dose of the product into the nasal cavity. After administering a dose, squeeze the nasal lobes with the fingers and massage to disperse the gel.



It is recommended to apply 1 dose of gel into each nostril at intervals of 4-5 hours between applications.

Do not clean the nose for approximately 5-10 minutes after application of the product.

The time between applications is not equivalent to the time of product's effect.

A 20 ml package contains 200 doses of the product.

The atomiser, once removed from the bottle, can be washed with soapy water, rinsed several times, dried and reused after placing it on the product bottle.

The product is intended for adults and children over one year of age.

If symptoms of discomfort occur, use of the product should be discontinued.

In case of doubt, consult your doctor or pharmacist.

For sanitary and epidemiological reasons, one package should be used by one user only.

medical device for nasal use only, applied on nasal mucosa - do not ingest the product.

In children under 12 years of age, use under supervision of an adult.

The medical device should be used as described in the instructions for use.

If you take more medical device than the recommended dose

A higher dose of the medical device does not pose a risk.

The product should be used as recommended.

Contraindications

- Do not use in case of hypersensitivity to any ingredient of the medical device
- Do not use if symptoms like itching or burning occur after use. This may indicate an allergy to the ingredients of the medical device. Then YOU SHOULD NOT USE THE PRODUCT.
- Do not use on wounds of the nasal mucosa.
- Avoid accidental contact of the product with the mucous membrane of the eye.
- Do not use with other nasal preparations without consulting your doctor.
- The product has no effect on the ability to drive and use machines.
- Do not use this product after the expiry date.
- Do not use if package is damaged.
- Do not use if the package is damaged or tampered with before first opening.
- If the condition of the nasal mucosa worsens, you experience discomfort and irritation, contact a specialist.
- If symptoms do not resolve within 7 days, contact your doctor.
- The product is intended for paediatric use.

Parent/guardian supervision is required when using in children.

Available packages

The product package contains a bottle of gel with instructions for use.

Available product volume: 20 ml in a glass bottle.

Storage

Store the product in an original package.

Store at room temperature, i.e. 15-25°C.

Protect from light and sources of heat.

Keep out of the reach and sight of children.

Do not use the product in the event of damage to the immediate packaging.

Do not use after the expiry date on the package

An empty container, unused or expired product must be disposed of (recycled) in accordance with the applicable rules. medical device does not contain any substances harmful to the environment.

Undesirable side-effect and serious incidents relating to the use of the medical device should be reported to the manufacturer or distributor's address.

Contact information



Manufacturer:

Laboratoire L'ideal Parisien Sp. z o.o.
Ogrodowa 8
32-064 Niegoszowice
tel./fax +48 (12) 283 88 60

Distributor:

medical device 



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Information on the package